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Licensed and regulated by the Medical Board of California. (800) 633-2322 www.mbc.ca.gov

Annual Exam Update Name _____ Age _____ Date of Exam _____

☺ **ASK US ABOUT HIGH QUALITY NATURAL SUPPLEMENTS made in an FDA registered drug facility, meeting or exceeding standards for drug manufacturing.**

HOW DID YOU HEAR ABOUT US? _____

1. How you will get your results- You should expect to receive a phone message or letter regarding results including normal results. Unfortunately, regular e-mail is not HIPPA compliant.

Please indicate your preferred number to leave a message regarding your results: _____

2. Do you have a primary care MD? _____

3. Since your last medical visit, have you had any new problems? _____

4. Any new medications? _____

5. Labs will be sent to Quest unless you advise us otherwise: _____

6. Mammograms are recommended after age 40 to screen for breast cancer.

I request a mammogram be ordered: _____ I refuse mammography _____

7. Colonoscopy or home fecal blood testing is recommended after age 50 to screen for colon cancer.

I request screening _____ I refuse screening _____

8. Human Papilloma Virus (HPV) testing is now recommended if your are over 30 years of age.

I request screening _____ I refuse screening _____

9. My last period was: _____

10. Any problems you would like addressed in addition to the annual GYN Well Woman Exam? _____

11. What is your preferred pharmacy? _____

Location

I understand that Dr. Stephanie Taylor is licensed and regulated by the Medical Board of California. _____

initial here

As a part of your annual check up and health review, you may wish to consider advanced testing for nutrition and other risk factors. This is reasonably priced and very valuable information that allows Dr. Taylor to customize your recommendations.